

TRAVEL ADVICE

Please note that we are not a Travel clinic, and cannot give Travel advice.

A service we do offer is the administration of the travel vaccinations you require. You are responsible for finding out which injections are appropriate for your holiday.

This information can be found at any travel clinic, or by visiting one of the following **websites**:

1. www.netdoctor.co.uk/trave/vaccines_index.shtml
2. www.searchvaccinationcentre.co.uk
3. www.mastatravelhealth.com

As well as our practice website: www.nevillefmc.com

Alternatively, you can also pick up travel health information from your local Post office.

Things you need to think about, and take into consideration when you are looking for your travel advice:

- Your Age
- Where you are going – are there any special alerts or warnings from the foreign office etc.?
- Date of travel – hurricane or monsoon season?
- How long are you going for? This can effect what vaccinations you might need
- Your medical history and medications you are taking – some countries won't allow certain pain killers as they are illegal
- Type of holiday – i.e. all inclusive, backpacking, are you on a budget?
- Any allergies
- Are you pregnant?
- Mode of travel
- Previous vaccination history
- Insurance – have you got adequate travel insurance? Have you notified them of any illnesses or investigations you may be undergoing?
- Planned activities – playing sports abroad can affect your insurance
- What are the local medical facilities like> Will you need to take anything with you?

Cost of Vaccinations

Some vaccinations are free of charge on the NHS. The reason they are free of charge is that they have been deemed to pose the greatest threat to public health if they were to be brought back in to the UK.

Name of Vaccine	Notes/ Comments
Diphtheria, Polio and Tetanus	Combined Booster
Hepatitis A	Including when combined with Typhoid or Hepatitis B
Typhoid	

There are also a number of vaccinations that are not free on the NHS, and will come with a charge. These are outlined below:

Name of Vaccine	Cost (£)	Notes/ Comments
Hepatitis B	35	
Influenza	9	
Meningitis ACWY	50	
Pneumococcal	20	
Rabies	45	Course of 3 vaccines, total £135

There are some vaccinations that we are legally not allowed to administer. These are listed below:

Name of Vaccine	Notes/ Comments
Japanese Encephalitis (Ixiaro)	
Japanese Encephalitis (GCC)	
Tick-borne Encephalitis	
Yellow Fever	

It is essential that you sign the following declaration, and bring with you to your appointment for the administration of any travel vaccinations. This can be found on the next page.



The Neville Family Medical Centre

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Declaration of responsibility for travel advice

Name	
Address	
Date of Birth	

After reading through the information provided to me by The Village Surgery regarding travel advice, I understand that I am responsible for obtaining my own advice regarding vaccinations I need.

I have also been informed of the costs associated with certain vaccinations, and agree to pay the fees outlined in the documentation.

Signed: _____

Date: _____